ARC - Your Personal Philosophy

Your Personal Philosophy

We need to stand for certain things, and against others. And we need to have a concrete position in our head of *WHY* we stand for certain things and not others. If we can't explain it to anyone, why should they listen to and believe us and follow our advice?

By going through your personal philosophy you'll craft a document that gives you more confidence in WHAT approach you take and WHY you do it.

See here's the thing. Whether you are selling your own products or services, or promoting someone else's, your audience has options. Lots and lots of options. They will have all kinds of different people telling them the different strategies and approaches they should use to get to where they want to be. This is confusing and overwhelming.

What they REALLY want is for someone to be able to say "Do this, not that, and here's why...". They want direction. They want clarity. They want someone to take the responsibility of making the decision for them and telling them what to do - who can also back up that advice with logic - why they should do that. If you can logically provide people with more direction and clarity they'll love you for it.

So in order to do that we need to develop your **Personal Philosophy**. Your personal philosophy is **WHAT** you think people in your market should do to solve the problems they have - and **WHY** they should use those approaches rather than others.

The reason this is important is because they will find CONFIDENCE IN YOUR CERTAINTY. They don't want to hear...

"I think this might be a good thing to do"

They want to hear...

"Look this is what you should be doing and here's why..." THAT confidence gives THEM confidence.

Let's break this process down...

STEP 1 - THE OPTIONS

What are the COMMON different approaches people can use to get the same results you are going to help people to get? Not just the same approach you use, but any approach that offers the same results.

For example when it comes to growing an online business you have email marketing, SEO, Google Adwords, copywriting, Facebook ads, blogging etc.

If I was in the weight loss space I'd have a list of the common diets. I could also add in supplements, gym gadgets, nutritional approaches etc.

If I was an anxiety coach I'd list medication, exercise, supplements, N.L.P. C.B.T, meditation, hypnosis etc.

List at least ten different approaches people in your marketplace can use to get the same overall result you will be helping them to get (max twenty).

	STEP 2 - CROSSROADS TRIGGERS
10.	
9.	
8.	
7.	
6.	
5.	
4.	
3.	
2.	
1.	

S

Go through the list you just created and for each one brainstorm around the questions below. Use the sentences and examples as templates if you wish. Try to come up with at least three answers for all ten questions below using all of the list you just created. Some of them won't be relevant, but if they are write em' down!

1. Complex VS Simple

EXAMPLE

I believe following a Paleo diet makes things far more painful than they need to be because you have to cut out carbs completely and most people find that really hard to stick to. That's why my approach focuses on including carbs. This way you can eat carbs and still lose weight without missing out on yummy foods like pastas and sandwiches!

4. Slow VS Fast

Does your solution p	rovide quicker resul	ts than other solutions? How?			
I believe using	takes far longer than it needs to				
because	That's why I	It gets results much faster			
because of	_·				
EXAMPLE					
I believe using Goog	le SEO to get traffic	takes far longer than it needs to			
because you can be	waiting three month	ns or more to get ranked. That's why I			
like direct mail. It get	s results much faste	er because you can print out a letter			
and send it to potent	ial prospects tomorr	ow!			
5. Incomplete VS Co	mplete				
Are other solutions n	nissing something th	nat you feel is key to solving the			
problem in the best p	•				
I believe using	is missing	Because of that it doesn't			
work as well. That's	why I	so that			

EXAMPLE

I believe most traffic courses are missing out how important writing a great ad is and are more focused on how the platform works, rather than how to get peoples attention. Because of that it doesn't work as well. That's why I teach people how to generate big, attention getting ideas so that they can apply that concept to any traffic platform and make things work!

6. Hard VS Easy

How do other common solutions make getting the result the prospect wants harder than it needs to be? Why would it take them more time or energy using other approaches compared to yours?

I believe using				
because they	Using	my approac	ch you don't	have to worry
about that because				
EXAMPLE				
I believe using LinkedIn org	ganic to get c	lients make	things muc	h harder than
they need to be because y	•		•	
interested. Using my appro	ach you don	't have to wo	orry about th	hat because
Linkedin ads mean you car	n only attract	those you K	NOW are in	nterested.
7. Risky VS Risk Free				
Why do other solutions cor	ne with more	risk than yo	our own? Fi	nancial,
emotional, physical and so		-		,
I believe using				That's
why I prefer to	because	Э	·	
EXAMPLE				
I believe using paid ads to	get traffic is r	isky becaus	e you can l	ose money if
you don't know what you're	•	-	_	-
clients to use joint ventures	_			-
someone sends you a clier	nt.			
8. False VS True				
Do you believe other soluti	ons iust do n	ot deliver at	all and fals	e nromises are
being made? Why are they	•			•
well/at all because				
it		,		
EXAMPLE				

I believe bodyweight training to build muscle doesn't work well/at all because you can't keep adding resistance to your own bodyweight. That's why I recommend using weights because it's easier to always add weight to your exercises compared to bodyweight training.

9. Surface Level VS Root Cause

Do other solutions only focus on the surface level, missing the root cause of the problem? Why do you focus on the root cause compared to the surface level?
I believeis only fixing the surface level of the problem because it only I prefer to fix the root cause of the problem which is which is why I
EXAMPLE
I believe trying to fix back pain using stretching is only fixing the surface level of the problem because it doesn't fix what is causing the back pain in the first place. I prefer to fix the root cause of the problem which is being sat down all day which is why I have clients do a 60 minute stretch routine every 3 hours. 10. Old VS New
Are other approaches to solving the problem outdated and yours is cutting edge? Why? What makes them different?
I believe usingtois an outdated approach because of That's why I usebecause it
Example

I believe using telemarketing to grow your SAAS company is an outdated approach because the internet has created a much more cost effective strategy for getting users. That's why I use the internet and Facebook ads because they are much cheaper and more effective than the "old school" approach of telemarketing.

STEP 3 - CREATE PHILOSOPHY

By the time you get to this point you should have...

- 1. A list of different approaches people can use to get the *same* result you offer.
- 2. A list of reasons WHY those approaches aren't as good as yours (3 for each if possible).

Now you can create your personal philosophy!

All you're going to do is type, write or create a mind map that puts what you've just done into one document you can refer to easily. Here's an example of what it could look like...

Anxiety Coaching Offer

I believe cognitive behavioural therapy isn't as good as the Three Principles for helping someone overcome anxiety. Here's why...

1.

2.

3.

I believe medication isn't as good as the Three Principles for helping someone overcome anxiety. Here's why...

1.

2.

3.

I believe exercise isn't as good as the Three Principles for helping someone overcome anxiety. Here's why...

1.

2.

3.

Can you see what we're doing here?

We're creating LOGICAL reasons why our approach is better than other options and putting it into a document so YOU are crystal clear on why you believe your audience should follow the approach you recommend rather than any other.

Is creating a personal philosophy going to be easy? Not necessarily. It may take some thinking. And you can add to it over time. But, trust me, this little document will be worth an absolute fortune to you. Your communication power will go through the roof because you will be able to provide people with direction and leadership.